

PREVENTING BURNS

IN YOUR HOME



TYPES OF BURNS

There are three kinds of burns:



HEAT BURNS

Heat burns are caused by flames, hot surfaces, steam or hot liquids, etc.



ELECTRICAL BURNS

Electrical burns are caused by shocks from appliances, fault cords, outdoor wires, etc.



CHEMICAL BURNS

Chemical burns are caused by acids, industrial chemicals, household cleaners, beauty products, etc.



TO PREVENT HEAT BURNS:

- Store lighters and matches out of the reach of children
- Never leave children unattended near heat sources

TO PREVENT ELECTRICAL BURNS:

- Check for damaged cords
- Cover unused electrical outlets if children are present

TO PREVENT CHEMICAL BURNS:

- Keep cleaning supplies where children cannot access them
- Take note of any warnings on the package

THROUGHOUT THE HOME

IN THE KITCHEN

- Use caution when using a microwave, as liquids and foods can heat unevenly.
- Turn pot handles inwards or use back burners
- Never leave cooking unattended especially when children are around
- Always use potholders when cooking or handling hot foods



IN THE BATHROOM

Hot water can lead to significant heat burns. Check the water temperature and set your hot water heater to 120°F or less.

Eliminate electrical risk by not using appliances, like hair dryers and shavers, near running water or a full sink.

Reduce the chance for chemical burns by keeping cleaning and beauty supplies out of the reach of children.



IF YOUR CLOTHES CATCH ON FIRE
STOP, DROP, AND ROLL
ON THE GROUND TO PUT THE FIRE OUT!



BY THE NUMBERS

- 72% of burns occur in the home.
- Nearly 500,000 people seek medical treatment for burn injuries each year.
- Roughly 3,400 burn injury deaths occur each year.

FOR SERIOUS BURNS, CHECK BREATHING, PULSE, AND FOR POSSIBLE SIGNS OF SHOCK. ADMINISTER FIRST AID IF POSSIBLE. CALL 9-1-1!!!

DON'T GET BURNED!