

# RED THE FIRE DOG'S

HOW TO PLAN FOR A

## SAFE ESCAPE



Learning & Activity Book  
PRIMARY LEVEL  
Grades 1-3

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THIS BOOK BELONGS TO:

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**who will join Red's team of safe escape artists. By the end of this book they will know how to get out of their house safely if there is a fire and what do after they have made their safe escape. They will also know what to do if a safe escape is not possible or if their clothes catch on fire.**

# Hi!

I'm RED THE FIREDOG and my friends and I are going to show you how to plan for a safe escape if there's a fire in your home.



If you see



smoke

or



fire,

or hear the



smoke  
alarm

# Yell FIRE!

Smoke from a fire floats up in the air and has poison in it. If you breathe the smoke, it can make you very sick. So get down low and crawl under the smoke. You can breathe better if you cover your nose with a cloth.

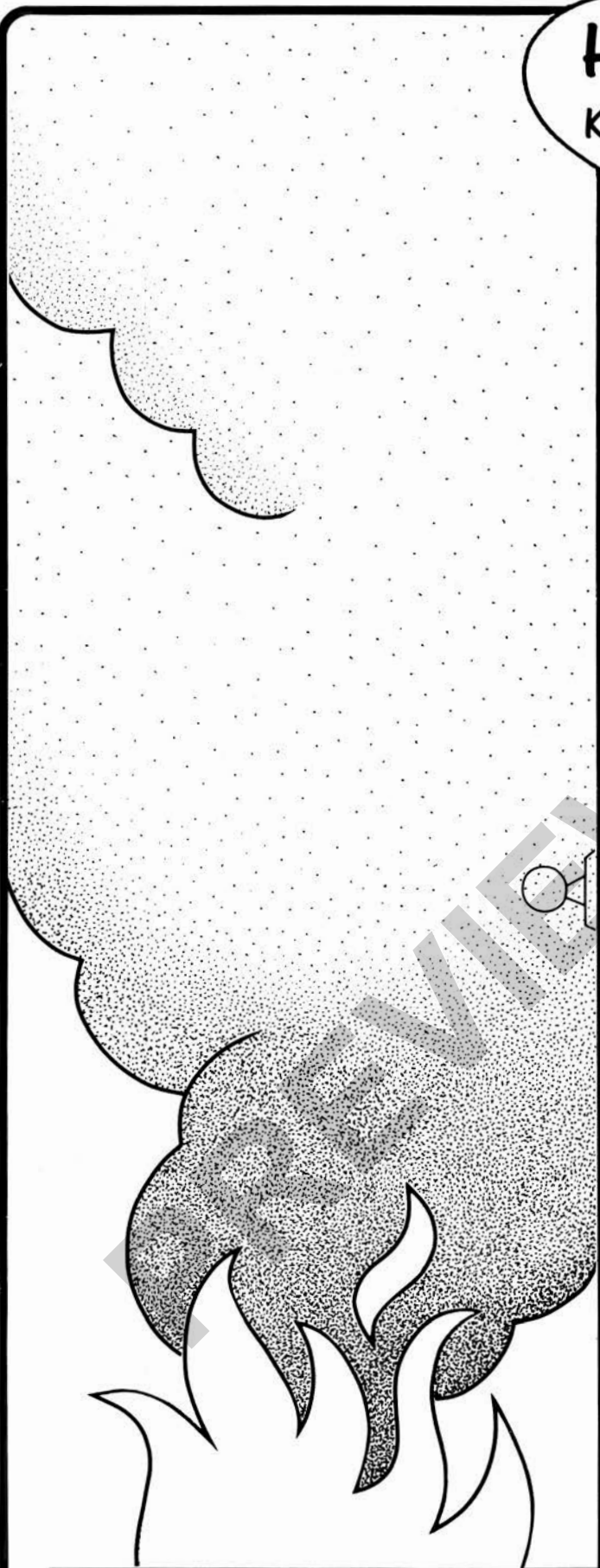


**HOT?**

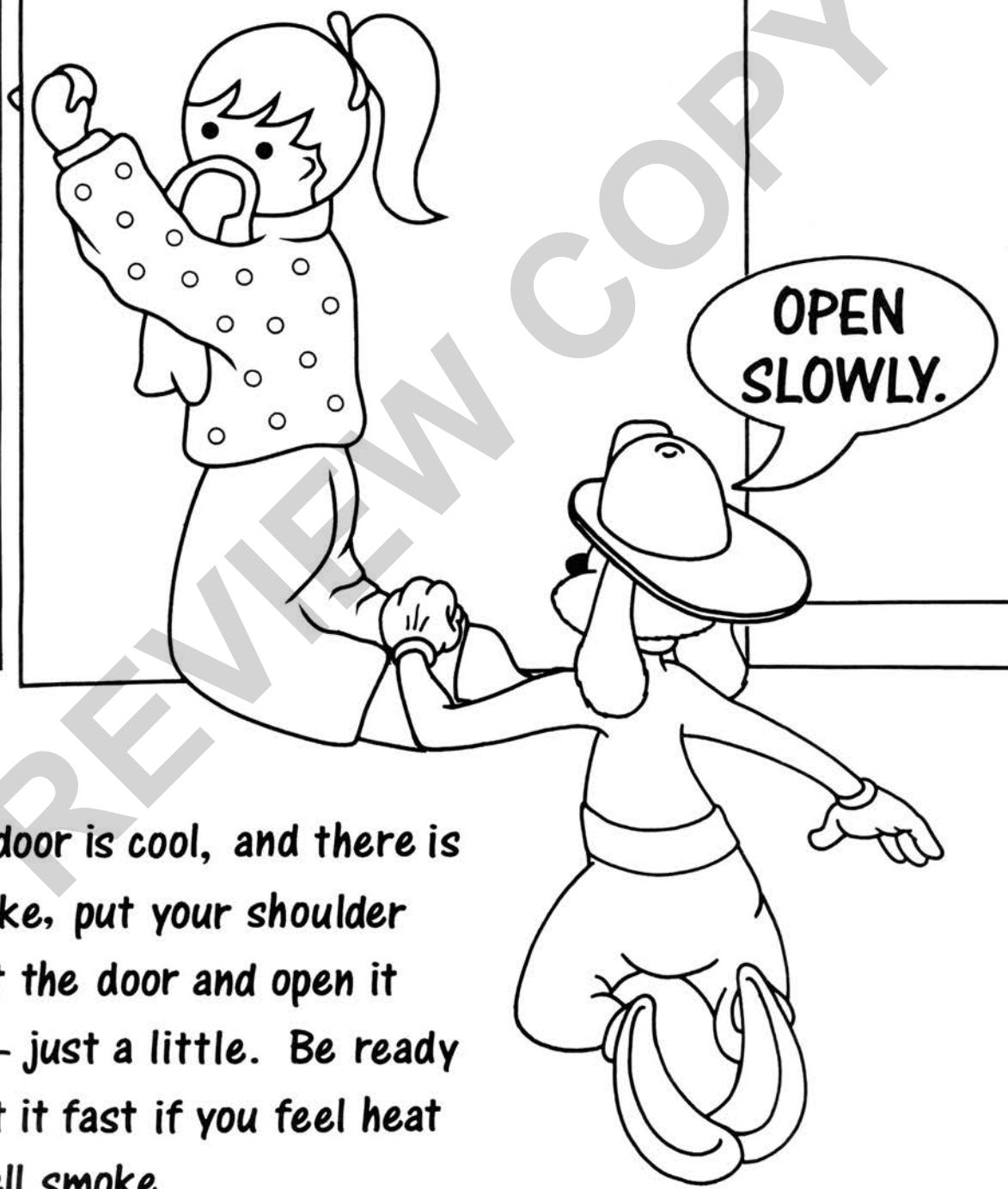
**KEEP IT CLOSED!**



Use your door, if you can.  
First, check to see if smoke  
is leaking in around the door  
then touch it with the back  
of your hand. If it feels  
hot or you see smoke, keep  
the door closed!



PLAN  
①  
COOL  
DOOR



If the door is cool, and there is no smoke, put your shoulder against the door and open it slowly - just a little. Be ready to shut it fast if you feel heat or smell smoke.



Look carefully. If there is no smoke or fire stay low and crawl out of the door. Get out of the house fast.

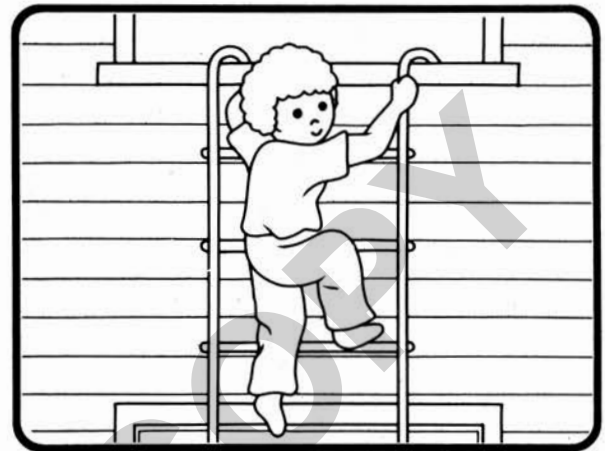


**But...** If you cannot use the door because of fire or smoke, keep it closed and stuff sheets or clothes around the bottom of the door. This will help keep smoke out of your room.

If you live in a one story house you can carefully crawl out of the window.



If you live in a two story house have Mom or Dad get you an escape ladder.



**But...** If you can't get out, wave a cloth out of the window and yell to let people know that you need help.

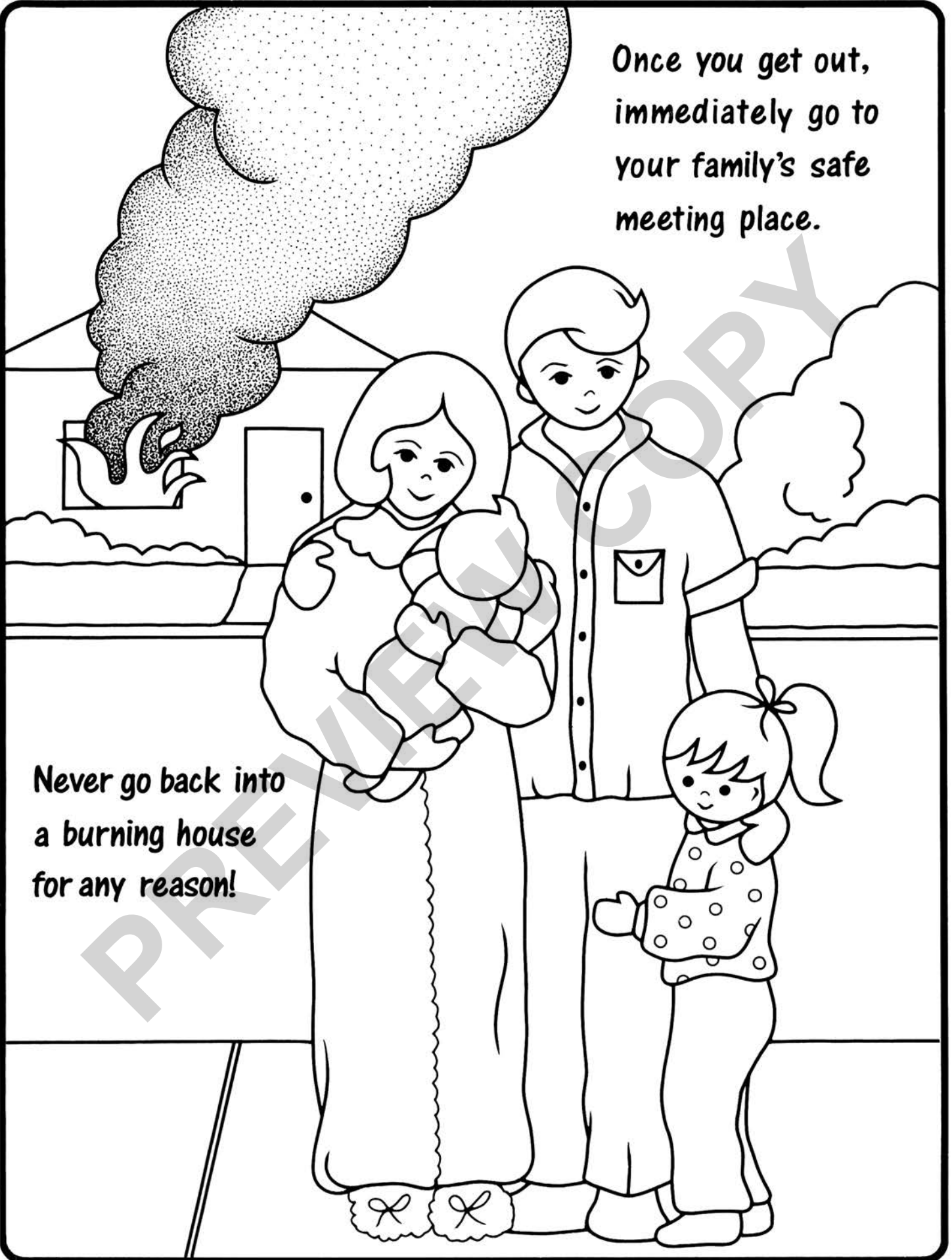


Fire can be scary, but don't hide. If you see someone who looks like this - you should not be scared. It's a firefighter coming to help you.



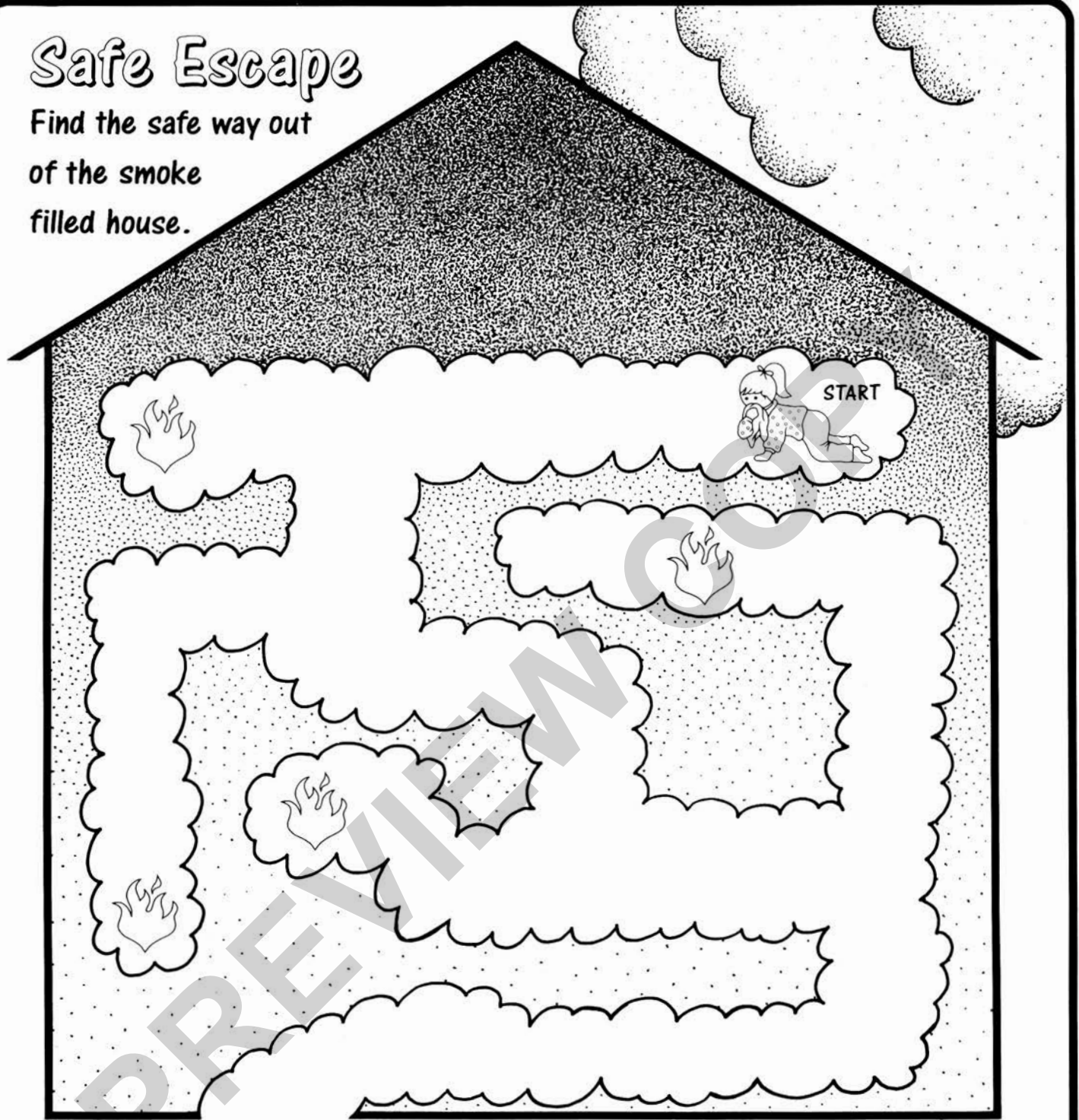
Once you get out,  
immediately go to  
your family's safe  
meeting place.

Never go back into  
a burning house  
for any reason!



# Safe Escape

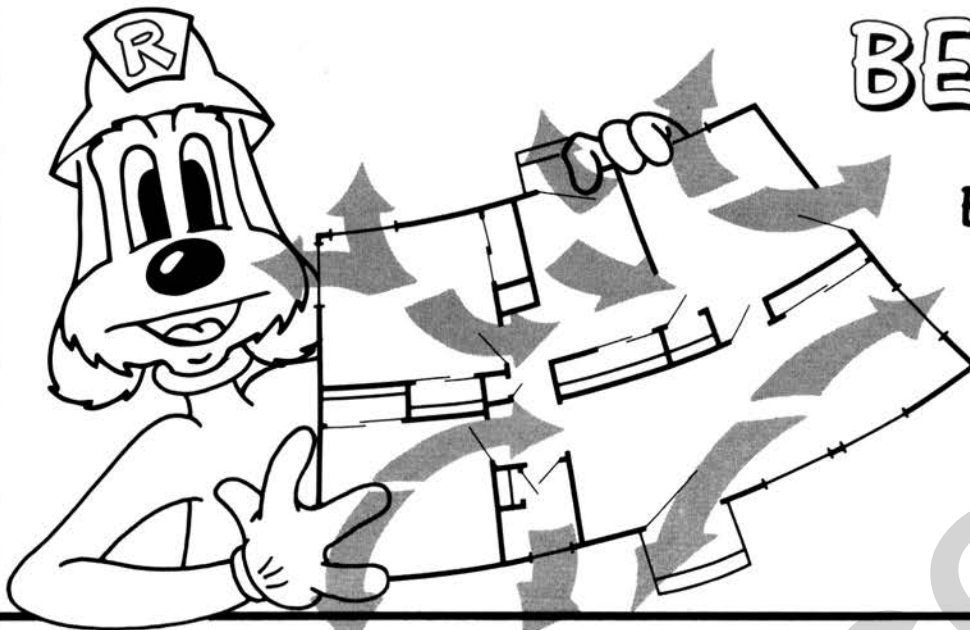
Find the safe way out  
of the smoke  
filled house.



YOU'RE  
SAFE

When you're out of the house  
away from fire and heat,  
quickly go to the place  
where your family has planned to meet.

# BE READY



Being safe - that's  
what it's about.

Always remember  
have **2** ways out.

Have Mom or Dad help you draw your floor plan. Mark all doors and windows. Be sure you can find at least **2** exits from each room. Practice your fire escape plan in the daylight and at night with your whole family. Plan ahead for a safe place for your family to meet.

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# BE PREPARED

Learn to use the phone the right way, in case of fire you must know what to say. Fill in the blanks below.

THE FIRE DEPARTMENT'S PHONE NUMBER IS:

\_\_\_\_\_

My Name is: \_\_\_\_\_

My Address is: \_\_\_\_\_

\_\_\_\_\_

My Phone Number is: \_\_\_\_\_



WHAT SHOULD YOU DO IF YOUR CLOTHES CATCH ON FIRE?



**STOP** don't run,



**DROP** to the ground or floor,



cover your face  
**and ROLL**  
until the fire is out.

# Hidden Words

Using the list below, find the hidden words in the fire hydrant.

Look for them across or down.

~~MATCHES~~

SAFETY

STOP

SMOKE

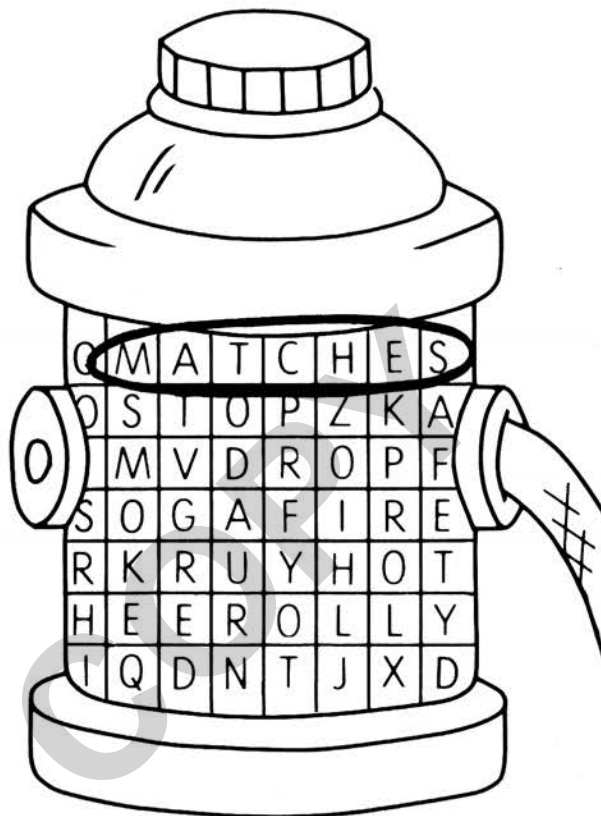
FIRE

RED

DROP

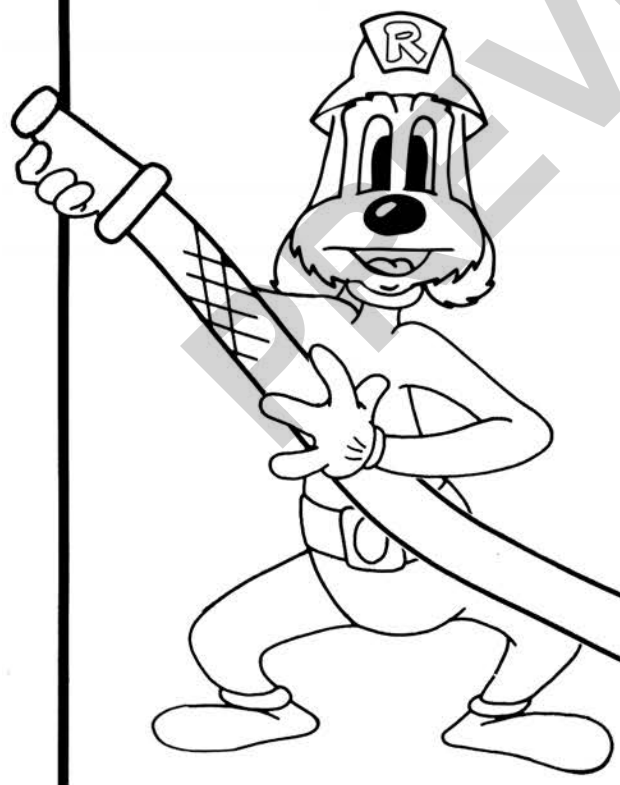
ROLL

HOT



# Fill in the Blanks

Using the same words, fill in the blanks to complete the sentences.



1. MATCHES CAN HURT YOU.
2. KNOW HOW TO ESCAPE TO \_\_\_\_\_.
3. IF YOUR CLOTHES CATCH ON FIRE,  
\_\_\_\_\_, \_\_\_\_\_, AND \_\_\_\_\_.
4. IF THE DOOR IS \_\_\_\_\_ KEEP IT CLOSED.
5. \_\_\_\_\_ FLOATS UP IN THE AIR, SO  
STAY LOW AND CRAWL TO THE DOOR.
6. IN CASE OF \_\_\_\_\_ STAY CALM.
7. \_\_\_\_\_ THE FIREDOG  
SAYS "STAY SAFE!"

# CHECK WITH RED!

Go back through the book and review the important lessons that you need to learn. Once you have reviewed each topic and can remember what to do, you can check it off the list.

▪ **How to Avoid Breathing Smoke**

▪ **How to Use Your Door**

▪ **What to Do if Your Door is Cool**

▪ **What to Do if There is No Smoke**

▪ **How to Get Out of Your Room**

▪ **Where to Go Once You Make a Safe Escape**

▪ **What to Do If Your Clothes Catch on Fire**

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## Red's Useful Fire Facts



- \* Know what the smoke alarms in your home sound like.
- \* Make a home fire escape plan.
- \* Practice home fire drills with the whole family.
- \* If your clothes catch on fire – stop, drop, cover and roll.
- \* Know how to use the phone to call for help.

Be **“RUFF”** and ready  
for fire emergencies!